

○ MUSIC  city COUNSELOR

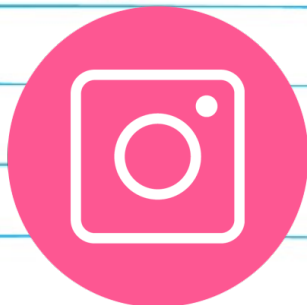
THANK YOU FOR YOUR
PURCHASE!



Hey y'all, Laura here! I so appreciate when you please take a moment to leave a review on my resources on my TpT Store. Thanks for your support! Enjoy the resource!

♥ *laura oathout*

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For helpful ideas, engaging resources, and freebies, please check out my website and membership!

○ ♥ **WEBSITE:** www.musiccitycounselor.com

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"Hello, Anger" Presentation Directions:

- Before reviewing this presentation, please read the story "Hello, Anger" by Jessica Sinarski aloud to students.
- This presentation summarizes the content of the story. It teaches students the concepts from the book about the "heavy backpacks" we carry and how other big feelings hide underneath our anger.
- Students learn about 7 feelings that lie underneath anger, the "stop, pause, think" coping strategy, and how to say "Hello" to our anger.
- The presentation also includes 3 scenarios that show a child feeling angry and explain 2 other big feelings that are hiding under their anger. It closes with asking students to share about a time when they felt angry and which feelings were hiding underneath it. They can type in the text box.
- Questions? Contact me at laura@musiccitycounselor.com. ☺

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Please contact me any time at laura@musiccitycounselor.com with questions, suggestions, resource requests, or comments. I'm here to help and would love to hear from you!

♥ Laura Oathout

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